

# Clinical Research Education Day – Queens – Saturday, October 3, 2015 – 11am-2pm

We have received your registration for the program. We look forward to seeing you!

If you <u>cannot</u> attend, please contact <u>awareforall@ciscrp.org</u> or 1-877-633-4376 to cancel your registration.

**REGISTRATION:** Bring your friends and family to the program and enter our raffle for a chance to win a Kindle!

Pass along the registration link. They can register online at

https://www.eventbrite.com/e/aware-for-all-nyc-2015-registration-15659180029 or they can

call 1-877-MED HERO (1-877-633-4376).

**FREE FOOD:** Boxed Lunches will be served starting at 11:30am.

DATE AND TIME: Saturday, October 3, 2015

11:00am – Check-In / Registration / Health Fair Opens

11:30m – Lunch is served

12:00pm to 2:00pm - Presentations

PLACE: D'Angelo Center

**St. John's University** 8000 Utopia Pkwy Jamaica, NY 11439

**HEALTH SCREENINGS:** 11:00am-2:00pm. We are pleased to offer the following screenings at our program, free of

charge: BMI, Blood Pressure, A1c Point of Care, Flu Vaccinations, Vision Screenings, Cholesterol, Glucose, HDL, Diabetic Foot Tests, Kidney Function Tests, Registered Dietitian, and Eye Pressure.

If there is a specific health screening in which you would like to participate, please arrive

promptly at 11:00am.

**PUBLIC** St. John's University offers access to Q-17, Q-30, and Q-31 buses. The bus stop is conveniently

**TRANSPORTATION:** located outside of St. John's University's main gate, on Utopia Parkway and 82<sup>nd</sup> Avenue. The Q-

46 bus is also accessible by Union Turnpike and Utopia Parkway stop. Please find walking

directions from major transportation sites on page 2.

**PARKING:** We are happy to offer **FREE PARKING** for the AWARE for All event at the garage directly behind

the D'Angelo Center. Please enter Gate 6, located on Goethals Avenue & 170<sup>th</sup> Street. Turn left once you enter through gate 6, and continue straight into the parking garage. Please contact <a href="mailto:awareforall@ciscrp.org">awareforall@ciscrp.org</a> if you plan to drive to the event. Walking directions from the parking

garage are on page 2.

Please find driving directions on pages 2 and 3. If you have any questions, please email awareforall@ciscrp.org or call 1-877-MED HERO (1-877-633-4376).

#### WALKING DIRECTIONS:

Exit parking lot and turn left onto University Road. Make a right onto St. Thomas Moore Way. Continue straight and you will see the D'Angelo building directly ahead of you.

#### **DRIVING DIRECTIONS:**

#### From Manhattan

Take the Queens Midtown Tunnel to the Long Island Expressway, exit at Utopia Parkway. Stay on the service road to Utopia Parkway and turn right. Follow Utopia Parkway to Union turnpike. Turn right on Union Turnpike. Take left on 168<sup>th</sup> Street. Take left on Goethals Avenue. Proceed to gate 6.

# From Brooklyn

### **Option One**

Take the Belt Parkway (East) to the Van Wyck Expressway (678 N.), exit at Main Street/Union Turnpike. Proceed to the third traffic light and make a right onto the Grand Central Parkway service road. Go left on Utopia Parkway (at fourth traffic light). Turn left onto Grand Central Parkway service road west to 168<sup>th</sup> Street. Turn left onto 168<sup>th</sup> Street to Goethals Avenue. Turn left onto Goethals Avenue, and proceed to gate 6.

### **Option Two**

Take the Jackie Robinson Parkway (East) to the Grand Central Parkway (East); exit at Utopia Parkway. Go left on Utopia Parkway. Turn left onto Grand Central Parkway service road west to 168<sup>th</sup> Street. Turn left onto 168<sup>th</sup> Street to Goethals Avenue. Turn left onto Goethals Avenue, and proceed to gate 6.

### From the Bronx

#### **Option One**

Take the Throgs Neck Bridge to the Clearview Expressway. Take exit 2 and make a right onto Union Turnpike. Take left on 168<sup>th</sup> Street. Take left on Goethals Avenue. Proceed to gate 6.

## **Option Two**

Take the Triboro Bridge to the Grand Central Parkway. Exit at Utopia Parkway. Go left on Utopia Parkway (at fourth traffic light). Turn left onto Grand Central Parkway service road west to 168<sup>th</sup> Street. Turn left onto 168<sup>th</sup> Street to Goethals Avenue. Turn left onto Goethals Avenue, and proceed to gate 6.

### From Long Island (North)

### **Option One**

Take the Northern State Parkway to the Grand Central Parkway, exit at 188th Street. Turn left at the light, and make an immediate right onto the service road. Follow the service road to 168<sup>th</sup> Street. Turn left onto 168<sup>th</sup> Street to Goethals Avenue. Turn left onto Goethals Avenue, and proceed to gate 6.

## **Option Two**

Take the Long Island Expressway and exit at Utopia Parkway. Make a left on Utopia Parkway and proceed to Union Turnpike. Turn right on Union Turnpike. Take left on 168<sup>th</sup> Street. Take left on Goethals Avenue. Proceed to gate 6.

### From Long Island (South)

Take the Southern State Parkway to the Cross Island Parkway. Proceed to the Grand Central Parkway (west), and exit at

188th Street. Turn left at the light, and make an immediate right onto the service road. Follow the service road to 168<sup>th</sup> Street. Turn left onto 168<sup>th</sup> Street to Goethals Avenue. Turn left onto Goethals Avenue, and proceed to gate 6.

# From Connecticut (North)

Follow I-95 South to the Bruckner Expressway toward the Throgs Neck Bridge. Cross the bridge to the Clearview Expressway. Take exit 2 from the Clearview and make a right onto Union Turnpike. Take left on 168<sup>th</sup> Street. Take left on Goethals Avenue. Proceed to gate 6.

## From New Jersey

Take I-95 North or I-80 East to the George Washington Bridge. Cross the bridge and take the Cross Bronx Expressway to I-295 to the Throgs Neck Bridge. Follow directions above from Bronx (Option One).

Thank you so much! Please email <u>awareforall@ciscrp.org</u> with any questions.